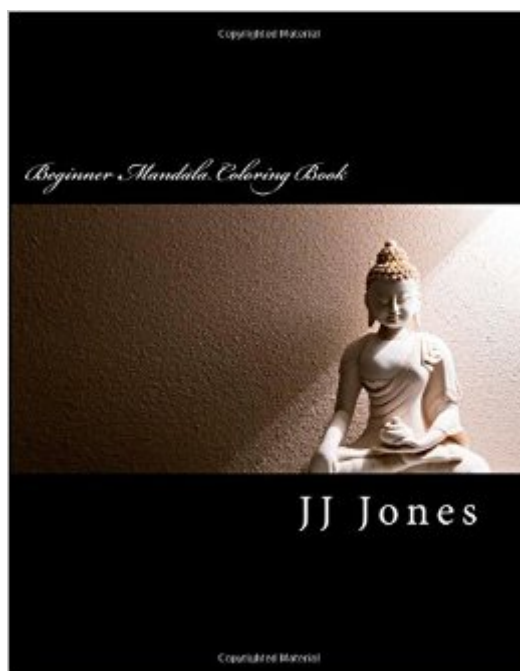


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Beginner Mandala Coloring Book



Synopsis

THIS IS A GREAT ACTIVITY FOR CHILDREN & ADULTS AS IT HELPS TO FOCUS THE MIND AND BRING YOU TO A POINT WHERE YOU CAN BEGIN TO LEARN THE BASIC CONCEPTS OF MEDITATION. THE FUN DESIGNS YOU COLOR WILL HELP THEM NATURALLY LEARN TO DEVELOP THE FOCUS NEEDED FOR MEDITATION. INCLUDED IN THE BOOK ARE SPIRITUAL PICTURES & QUOTES TO HELP DIRECT YOUR MIND AS YOU COLOR.

Book Information

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Product Dimensions: 8.5 x 0.1 x 11 inches

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

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Customer Reviews

Very well done book.

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